

## **RESOLUTION OF THE BOARD OF EDUCATION**

### **OF**

## **DOUGLAS COUNTY SCHOOL DISTRICT RE-1**

### **Exploration of Later Start Times for Secondary Students**

Whereas the Douglas County School District is responsible for ensuring its students have the best opportunities to be successful in school; and

Whereas research shows that more sleep for adolescents helps to increase success in academics and social/emotional wellness; and

Whereas, surrounding school districts are exploring later start times for secondary students;

Now therefore, be it resolved, the Board of Education directs the Superintendent to present information and a recommendation to the Board concerning secondary start times. The Superintendent will ensure that the following conditions are met:

- That the work shall include background on research, best practices and a cost analysis;
- That the work shall evaluate the discussions and considerations of other school districts who have evaluated later start times;
- That the work shall include feedback from a diverse representation of affected employee groups, committees (specifically the DAC, FOC, LRPC, and SAG), and other stakeholders (specifically parents);
- That by the second Board of Education meeting in December 2017—or if there is no second Board meeting, at the soonest meeting thereafter—the Superintendent shall, with the help of School District staff, present to the Board of Education a proposed plan of action to study this issue, with the intent of gathering feedback and input from the Board at that meeting; and
- That information and a recommendation on later start times shall be presented to the Board by the second Board of Education meeting in May 2018, or if there is no second Board meeting in May 2018, at the soonest meeting thereafter. Any proposed timeline for implementing a staff recommendation shall include an ample transition timeline.

APPROVED this 17<sup>th</sup> day of October, 2017, by a vote of 7-0.

DOUGLAS COUNTY SCHOOL DISTRICT RE-1

By: Meghann Silverthorn

Meghann Silverthorn  
President Board of Education

Attest:

By: Tammy Taylor

Tammy Taylor  
Board of Education Secretary