

**PROPOSAL TO ADOPT A TEXTBOOK**

**Proposal Request Information**

Prior to filling out this form, please read the Textbook Adoption Proposal Checklist with pertinent policies regarding textbook adoption.

FOR DISTRICT USE ONLY FINAL COMMITTEE RECOMMENDED APPROVAL GRADE LEVELS:	9th-12th Grade
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**Section I**

To be filled out by requesting educator:

**Ia. REQUESTOR AND REVIEW TEAM INFORMATION**

School	Highlands Ranch High School	
Date	12/13/22	
Requesting Educator	Shannon Wessels	
Email address	smwessels@dcsdk12.org	
Phone number	303-387-2500	
<b>Proposal Review Team Member</b>	<b>Reviewer's Name</b>	<b>Contact Information - email</b>
District Coordinator	Laurie LaComb	lllacomb@dcsdk12.org
IT Representative	Joel Boeckmann	jnboeckmann@dcsdk12.org
Colleague	Kimberly Baldwin	kkbaldwin@dcsdk12.org
Parent	Patricia A Constable	constabletrish@gmail.com

**Ib. BOOK INFORMATION**

Title of proposed text	Nutrition & Wellness for Life
Author (s)	Dorothy F. West
Publisher	Goodheart-Wilcox Company, Inc.
Edition	6th
ISBN number	978-1-63776-170-0
Copyright date	2023

Course and/or subject area in which textbook will be used	Nutrition & Wellness - Family and Consumer Science
Grade level(s)	9-12
Total cost for purchasing the textbooks? <u>See Checklist for Required Process</u>	\$127.56 - Just looking for a new class set
Dates the textbook information was displayed at the school and posted on the school's website (2 week min.)	Feb. 21 - March 20
Date the textbook was communicated to the School Accountability Committee?	February 6, 2023

**Ic. RATIONALE**

Please provide a brief rationale explaining your decision to include this text in the curriculum.

The current book we have been using is an older version of this text. The text we have was copyright was in 2006. It has outdated material in the Nutritional Guidelines - My plate, updated ideas in Wellness, technology in food and activity tracking, and more and updated information in the eating disorder chapter.

**Id. ALIGNMENT WITH DCSD’S GUARANTEED AND VIABLE CURRICULUM**

Please write a detailed description of how the textbook aligns to DCSD’s Curriculum - Colorado Academic Standards (CAS) and Essential Skills:

Family and Consumer Science Standards -

<p>Instructional Unit Topic I. Wellness as a lifestyle</p>	<p>CTE or Academic Standard Alignment  NASAFACS 14.1 Analyze factors that influence nutrition and wellness practices across the life span.</p>	
<p>II. Exercise and Fitness III. Digestion, Metabolism</p>	<p>NASAFACS and Energy Balance 14.2 examine the nutritional needs of individuals and families in relation to health and wellness across the life span</p>	
<p>IV. Principles of Nutrition</p>	<p>NASAFACS 14.3 Demonstrate ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span.</p>	
<p>V Consumer of Wellness Products and Services</p>	<p>NASAFACS 14.4 Evaluate factors that affect food safety from production through consumption. 14.5 Evaluate the influence of science and technology on food, nutrition, and wellness.</p>	

\_\_\_\_\_ NASAFACS 14.3 Demonstrate ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span.

**SECTION II: Review Team Information**

Each review team member will complete an individual section for a formal review of the textbook based on your stakeholder perspective. All members of the review team **MUST review** the proposed textbook prior submission to the Curriculum, Instruction and Assessment Director.

**IIa. EVALUATION of textbook (to be completed by requesting educator)**

The proposed textbook...	Y/N	Examples/Justification Please be specific and provide examples if applicable
is appropriate for the <a href="#">following</a> grade level(s)	Y	It is made for the High School level.
develops essential knowledge and skills	Y	Content has titles - Tables, infographics & graphics that are updated and current. The set up helps to expand skills and knowledge
provides breadth and depth of content	Y	Gives overview and depth of understanding form the topics covered
allows students to create meaning and make relevant connections to other knowledge and experience	Y	Had connections to critical thinking and the core skills as well as career readiness. Also incused case study of real life situations
the information in the text includes a variety of cultural perspectives.	Y	Includes males and females as well as a variety of cultural people in photos. As well as a chapter about cultural food.
the text has been reviewed in regard to respecting gender, ethnic and racial uniqueness, similarities and interdependence.	Y	Updated for mental and social wellness
the text reflects the current research in the content area.	Y	Yes, current for the Colorado & National Family & Consumer Science Standards.
<b>Recommend textbook for adoption</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	

**Iib. EVALUATION of Book (to be completed by District Coordinator)**

The proposed textbook...	Y/N	Examples/Justification Please be specific and provide examples if applicable
is appropriate for the <a href="#">following</a> grade level(s)	Y	This comprehensive textbook is written for the high school student in mind. It is well balanced with infographics. Content specific information, pictures, thought provoking questions, career suggestions, case studies, and community connections.
develops essential knowledge and skills	Y	Thorough knowledge of nutrition, management of one’s own nutrition, physical activity, drug/supplement use, social-emotional wellness. Each chapter starts with a quiz to promote connections to the topic, and ends with a thorough review and skill application opportunities.
provides breadth and depth of content	Y	
allows students to create meaning and make relevant connections to other knowledge and experience	Y	The “review Learning” questions and “critical thinking” options in each chapter offer students the opportunity to apply their learning and extend their learning.
the information in the text includes a variety of cultural perspectives.	Y	Chapter 2 focuses on the factors that affect healthy habits, such as one’s heritage, food norms, traditions, religion, and social influences.
the text has been reviewed in regard to respecting gender, ethnic and racial uniqueness, similarities and interdependence.	Y	
the text reflects the current research in the content area.	Y	2023 copyright
aligns with <a href="#">proposed connections</a> to DCSD curriculum (Colorado Academic Standards, Essential Skills)	Y	Connects with CDE CS.HS.2.2, CS.HS.2.3, CS.HS.2.6, CS.HS.3.1, CS.HS.3.2, CS.HS.3.3, CS.HS.4.1, and CS.HS.4.3. The social-emotional wellness section of the textbook connects with the updated many of the essential skills and it is woven throughout the text.
<b>Recommend textbook for adoption</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	

**Iic. EVALUATION of textbook (to be completed by a colleague)**

<b>The proposed textbook...</b>	<b>Y/N</b>	<b>Examples/Justification</b> Please be specific and provide examples if applicable
is appropriate for the <a href="#">following</a> grade level(s)	Y	2023 edition with appropriate grade level content.
develops essential knowledge and skills	Y	Content is appropriate with tables and graphics, and provides options to expand skills and learning.
provides breadth and depth of content	Y	Units provide breadth and depth of content to cover CO. FCS Standards for the course.
allows students to create meaning and make relevant connections to other knowledge and experience	Y	Great extend your knowledge scenarios, career features, food and the environment's tips for applying content.
the information in the text includes a variety of cultural perspectives.	Y	Information and photos are culturally inclusive
the text has been reviewed in regard to respecting gender, ethnic and racial uniqueness, similarities and interdependence.	Y	Scenarios include a balance of male and female names.
the text reflects the current research in the content area.	Y	Content has been updated to reflect impacts of mental and social wellness.
aligns with <a href="#">proposed connections</a> to DCSD curriculum (Colorado Academic Standards, Essential Skills)	Y	Aligns with Colorado Family & Consumer Sciences Standards and National Standards.
<b>Recommend for adoption</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	

**IId. EVALUATION of textbook (to be completed by Parent)**

The proposed textbook...	Y/N	Examples/Justification Please be specific and provide examples if applicable
is appropriate for the <a href="#">following</a> grade level(s)	Y	This is appropriate for High School grades 9 to 12
develops essential knowledge and skills	Y	Nutrition information and guidelines along with features and activities that provide the students with the knowledge and skills that they can apply and use in their lives.
provides breadth and depth of content	Y	The chapters are all comprehensive with specific topics discussed. The chapters are also set up with special features and captions that expand on the subject matter.
allows students to create meaning and make relevant connections to other knowledge and experience	Y	The content provides scenarios, features, and questions that allows the students to relate and apply to their knowledge and lives.
the information in the text includes a variety of cultural perspectives.	Y	Cultural influences have been referenced in Chapter 2 with topics discussed that detail how the different cultures affect food habits.
the text has been reviewed in regard to respecting gender, ethnic and racial uniqueness, similarities and interdependence.	Y	Throughout the textbook there is text and pictures that reference male and females.
<b>Recommend for adoption</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	

**IIe. EVALUATION of textbook (to be completed by IT Representative)**

<p><b>The proposed textbook...</b></p>	<p><b>Y with caveat</b></p>	<p><b>Comments:</b> The privacy policy for this company does not meet the requirements of current board policy, and therefore is not “approved” for student account creation due to targeted advertising. <b>(Students are not to directly create accounts, or share Pii with said vendor)</b> <u>This does not mean a textbook cannot be adopted, but any digital components will need to be facilitated by DCSD staff, or content leveraged via an approved LMS such as Canvas.</u> Students are not to directly create accounts with, or share Pii with: Goodheart-Wilcox Company, Inc. - as outlined in board policies found here: <a href="#">Board Policy - Student Data</a></p> <p>Offending policy example, not limited only to:</p> <p>Targeted Advertisements We may use Internet and other network activity information that has been aggregated by social media platforms to run social media advertisements and promotional campaigns. We allow third-party companies to collect Internet and other network activity information for purposes of serving targeted advertisements. These companies may use information (e.g., clickstream information, browser type, time and date, subject of advertisements clicked or scrolled over) collected during your visits to this and other websites in order to provide advertisements about goods and services likely to be of interest to you.</p>
<p>meets privacy act requirements</p>	<p>No</p>	
<p>vendor has signed <i>Data Protection Addendum</i></p>	<p>No</p>	
<p><b>Recommend for adoption</b></p>		<p><input checked="" type="checkbox"/> Yes - With explanation. <input type="checkbox"/> No</p>



**SECTION III: District Coordinator Level Process Review**

	District Coordinator Initials
Sections I & II are complete.	LL
Building administrator has reviewed the proposal.	LL
The textbook was on display at the school for two weeks.	LL
Information about the textbook was available on the district's and school's website for two weeks prior to being submitted to the District Coordinator.	LL
Information about the textbook was shared with the School Advisory Council.	LL

**SECTION IV: District Level Process Review**

	CIA Director Initials
The textbook adoption process has been followed.	EM
The textbook was displayed in the school that is making the request.	EM
The textbook was displayed on the district website prior to approval.	EM
Notice was provided and the textbook was available in the district office for two weeks prior to approval.	EM
Does the District Coordinator and review team support adoption of this textbook?	EM

**SECTION V: Signatures/Approvals**

Va.

Does the evaluating <b>Educator</b> recommend adoption of this textbook?	YES	NO
Date <u>Mar 28 2023</u>	<input checked="" type="checkbox"/>	
Evaluating Educator Signature <u>Shaunou Wessels</u>		

Vb.

Does the evaluating <b>Colleague</b> recommend adoption of this textbook?	YES	NO
Date <u>Mar 28 2023</u>	<input checked="" type="checkbox"/>	
Evaluating Colleague Signature <u>Kimberly Baldwin</u>		

Vc.

Does the evaluating <b>Parent #1</b> recommend adoption of this textbook?	YES	NO
Date <u>Mar 29 2023</u>	<input checked="" type="checkbox"/>	
Evaluating Parent (#1) Signature <u>Patricia A Constable</u>		

Vd.

Does the evaluating <b>IT Representative</b> recommend adoption of this textbook?	YES	NO
Date <u>Mar 28 2023</u>	<input checked="" type="checkbox"/>	
Evaluating IT Representative Signature <u>Joel Boeckmann</u>		

Ve.

Does the evaluating Requesting Educator's <b>Administrator</b> recommend adoption of this textbook?	YES	NO
Date <u>Mar 28 2023</u>	<input checked="" type="checkbox"/>	
Administrator Signature <u>Dr. Chris Page</u>		

Vf.

Does the <b>District Coordinator</b> certify that the information on this form accurately reflects the process followed at the site.	YES	NO
Date <u>Mar 28 2023</u>	<input checked="" type="checkbox"/>	
District Coordinator Signature <u>Laurie LaComb</u>		

Vg.

Does the <b>Curriculum, Instruction and Assessment Director</b> support adoption of this textbook?	YES	NO
Date <u>Mar 28 2023</u>	<input checked="" type="checkbox"/>	
CIA Director Signature <u>Erica Mason</u>		

Vh.

Does the <b>DCSD Cabinet Member</b> support adoption of this textbook?	YES	NO
Date <u>Mar 28 2023</u>	<input checked="" type="checkbox"/>	
DCSD Cabinet Member Signature <u>Matt Reynolds</u>		

**SECTION VI: Superintendent's Approval**

SUPERINTENDENT'S APPROVAL

Does the <i>Superintendent</i> approve adoption of this textbook?	YES	NO
Date _____		
Superintendent Signature _____		

**SECTION VII: Board of Education Approval**

BOARD OF EDUCATION APPROVAL

Does the <i>Board of Education</i> approve adoption of this textbook?	YES	NO
Date _____		
Board of Education Signature _____		

OFFICE USE

	DATE	INITIALS
Approved textbook list updated (including recommended grade level)		
Approved form with BOE signatures scanned to CIPG folder on District server		