



Purpose of STUDENT **A**DVISORY **GROUP AND B**OARD INITIATIVES



### MENTAL HEALTH

Presented by Lia Pirazzi, Kira Zizzo, and Nick Menzel

#### **GROUP INTRODUCTIONS**

### Split into Two groups based on teacher and student mental health education

#### Student group

Implementing a class that focuses on:

- Coping/restorative practices
  - Connection to professional help resources
- Situational learning/procedures
  - Suicide prevention

#### **Teacher group**

Implementing a credit style system related to teacher training:

- Destigmatize mental health
- Equipping teachers with resources recognizing mental health issues
  - Provide support
  - Suicide prevention

#### STUDENT EDUCATION

#### **Problem statement:**

- According to CDC. Gov 4.4 million children aged 3-17 have diagnosed anxiety
- 1.9 million have diagnosed depression
- Currently counselors with brief presentations to provide brief lessons to students but that is not enough to spread full awareness

#### **Proposed Solution:**

Mental health courses that focus on educating communities about the complexity regarding mental health and researching:

- different mental health conditions, coping mechanisms
- how to help others and yourself with mental health issues

#### STUDENT EDUCATION

#### **Overview:**

- Create a class curriculum regarding different types of mental health
- teach students to recognize mental health issues
- Enable students to access resources through fellow classmates

#### **Objectives:**

- Educate students on mental health and current stigmas against and around it
- Suicide prevention

#### **Areas of Focus**

- Recognition of mental health illnesses; an increase in resources and education

#### **Coping/Restorative Practices**

Connection to professional help resources; Situational learning/procedures

#### **TEACHER EDUCATION**

#### **Problem Statement:**

- Student mental health has been at an all time low
- High rates of students with feelings of anxious, depressed, and hopeless

#### **Proposed Solution:**

- Create a comprehensive mental health training curriculum
- Additional depth and expansion of topics in teacher mental health

#### **TEACHER EDUCATION**

#### **Overview:**

- Implementing a policy for more comprehensive training and education
- Providing resources
- Adapting curriculum format to a more interactive model

#### **Objectives:**

- Helping to destigmatize the current view on mental health
- Equipping teachers
   with resources and
   knowledge to recognize
   stresses
- How to individually support students

#### **Areas of Focus**

 Areas of focus were created to satisfy both student and teacher mental health training needs

#### TEACHER EDUCATION

## **Training Delivery Method:**

A ten minute video
 encompasses all of
 teacher and staff
 mental health
 curriculum and training

## Proposed Mental Health Training Delivery Method:

- In-person and face to face training with hands-on interactive learning,
- Teachers learn to recognizing risk factors
  - How to connect students to supportive resources



## FINANCIAL LITERACY

Presented by Nick Novotny

#### **CURRENT STATUS**

#### Goal

- To make a financial literacy class

#### **Progress**

- Agreed on a course
  - Description
- Alignment with Colorado Academic Standards
  - Parent Department

#### **Delays**

- Inconsistent with attendance
  - More assistance

#### **Near Completion**

#### WHAT WE WERE UNABLE TO FINISH

#### **Areas of further improvement**

- Specifics on the budget
  - Systems Check
- Implementation Needs

#### **NEXT YEAR**

#### Counsel with an experienced adult

- Versed in course proposals

#### **Needs Completion**

- Budget Specifics
- System Checks
- implementation Needs

#### ADDITIONAL INFORMATION

Link to Full Course Proposal

Link to General Notes we took on Financial Literacy Course

**Emails for Questions:** 

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## SCHOOL SAFETY

Presented by Jacob Hall

#### **OUR SUBGROUP AND OUR PURPOSE**

The Safety subgroup was founded in the fall of 2019, and we have been working on a proposal for the past two school years

 Formed in response to the STEM school shooting that occured in our community.

#### **Mission and Purpose:**

- To help ensure the safety and security of all DCSD students and staff
- To avoid any disruptions to our education
- To enhance our safety protocols in the Douglas County School District

As our subgroup evolved, we realized that there are even more issues to be addressed surrounding safety of students and staff in the district.

#### TWO YEARS OF PROGRESS

- Held discussions with the director of security
  - Light poles installed in every school hallway
  - Color coded system to indicate the status of the building
    - Green "All Clear"
    - Yellow "Weather Emergency"
    - Red "Lockout"
    - Purple "Lockdown"
  - Integrated app to enhance communication

#### TWO YEARS OF PROGRESS

#### - Benefits of this new system:

Clear and concise information at all times

#### COVID-19 has delayed plans for this system

 The district safety and security board will not consider the product until they can view an in-person demonstration.

#### Proposal

- The SAG Safety Subgroup is willing to provide assistance in any manner to help implement the system.
- We encourage the Board of Education to approve Mr. Payne's new security system in the near future.

#### STUDENT REPRESENTATIVE

#### **2nd Part of Proposal - Student Representative**

- A SAG member will be a representative of the Safety and Security Committee
- Application We drafted an application, which was released to student advisory group members
- Representative Responsibilities
  - Attend the Douglas County Safety and Security Meetings once per month
  - Provide feedback to the committee and provide student input
- This representative will be selected by the end of the 2020 2021 school year, and will begin work in the 2021 2022 year.

#### **FUTURE OF THE SAFETY SUBGROUP**

- Implement a program to educate students about issues pertaining to sexual harassment and consent.
- Collaborative efforts with various district and school officials
- SART (Sexual Assault Resource Team) Peers Program
  - Would like to launch a small pilot program at Rock Canyon High School next year for consent training
- Plans and Goals for the future:
  - Launch this pilot program
  - Monitor and refine the program
  - Implement SART in all of the District's Schools.



## DIVERSITY & EQUITY

Presented by Silver Bernsdorf

#### **EMPOWERMENT**

- Build foundations to empower students and teachers to speak up about discrimination
- Give specific instruction and information regarding the reaction to discrimination within the student handbook, along with correcting errors
- Reward students and teachers for speaking up (stickers/pins?)
- Make it easier for students and teachers to show their own, and support other's identities
- Build a community that pushes for equity

#### **EDUCATION**

- Integrate LGBTQ+ and diverse accounts of history (not just the White/European telling)
- Inform students and teachers alike of the importance of proper pronouns and names, and the impact on the not using them
- Assemble accounts from students and teachers of the discrimination they have seen, and it effects
- Define the terms, ie race vs ethnicity and gender vs sexuality

#### **GETTING THE WORD OUT TO TEACHERS**

- Telling teachers to get involved if they see/hear anything that is discriminating against a student
- Hanging up posters in the hallway to remind students about being open minded to different cultures, opinions, and interests
- Telling teachers to give verbal encouragement to those who are open minded on diverse topics

#### **ACCEPTING OTHERS**

- Educating students in how it's okay to have friends different than you
- Being respectful and not assuming gender or race
- Asking respectfully the following should be normalized in the learning environment:
  - "What are your preferred pronouns?"
  - "What's your ethnicity?"

#### **ENFORCE REPRIMANDING OFFENSIVE SLURS**

- Educate students and teachers on what words are offensive and shouldn't be allowed
- Student and teacher should feel like they can stand up and stop others from using slurs
- Set clear rules and make sure that <u>ALL</u> offensive words and action are reprimanded, not just some

#### **REPORTING**

- Educating teachers on the importance of getting involved if they see/hear anything that is discriminatory
- Educationg students that it is possible for them to report incidences that involve discrimination againzt them or others
- Empowering students to report things without feeling scared of going to the wrong person or of potential backlash
- Helping students and teachers understand that they owe it to their peers to report and have no tolernace for discrimination



## DISTRICT FINANCES

Presented by Leigh Walden and Lucas Gauthier

#### THREE TIERED PROPOSAL PLAN

FOC Student Member(s)

**Student Voice in District Finance** 

Formal Recommendation

#### STUDENT FOC MEMBER

#### **Increased Student Involvement**

- With the expectation of cuts within our schools in the 2021-22 school year, student bodies would like to provide insight into essential departments
- New student member on the Financial Oversight Committee aided by district CFO Kate Kotaska and the FOC Leadership including James Maras
- Application process and future member initiation timeline

#### **FUTURE GOALS**

#### **Forward Facing Statements**

- SAG Finance Subgroup advising FOC student member to enhance student voice in finance
- Prioritizing issues important to students by bringing together viewpoints from the entire district
- Helping to orient district spending towards student priorities
- Represents an important addition to the student voice in DCSD

#### FORMAL RECOMMENDATION FOR FUTURE LEGISLATION

 The Bond and Levy was a long delayed and desperately needed piece of legislation. Our formal recommendation (see handout) is a prompt investigation into funding and possible legislation in the future.

- Conversation initially needs to revolve around what we've been able to do, but also of what we hope to do
  - Great work to hire more counselors and expand buildings
  - Teachers in DCSD ought to have more competitive wages with
     CO

#### RECOMMENDATION ACTION ITEMS

- Create a committee of students, educators, and community members to guide the process and give insight into the needs of schools
- Draft a tax legislation by 2022 for a new bond and levy to funds our schools



### Eco-Friendl Y

Presented by Sujay Potlapelly

#### **PURPOSE**

- This policy is to create a positive, long-term impact on the schools in the district by asking each school to create a management plan for how they are going to lessen negative impacts on the environment
- The policy outlines a committee put in charge of keeping track of each school's plan and the format/requirements for a school to comply with the policy

#### SCHOOL ENVIRONMENTAL MANAGEMENT PLAN PROCESS

- 1. Review school's current sustainability plan/state
- 2. Determine what issues your school wants to address
- 3. Creating a decisive plan to address the issue
- 4. Monitor progress of the plan

#### **DETAILS REGARDING SEMP**

- Committee can be a mix of students and faculty members at each school.
- The committee: makes a plan at the beginning of the year, shares it with the board of education, and creates a end-of-year report.

#### FORMAT FOR POSSIBLE SEMPS

- BOE will provide a list of the ideas to the schools of changes they could choose to implement to move towards a more sustainable operation.
- Students, members of the public, and others involved with the school district can share their ideas

#### **EXAMPLES OF POSSIBLE SEMPS**

- Decreasing lunchroom waste
- Teaching students about the impacts of their actions on the environment
- Increasing the number of students taking the bus
- Teaching and learning resources on environmental education for sustainability
- Resource management for water conservation, waste minimization, or energy efficiency

#### **SUMMARY**

- Schools will have a committee that is in charge of creating a sustainability goal for the given school year.
- The committee made of staff members and student volunteers. Their goal is shared with the schools community and the BOE.
- Committee will work towards the goal throughout the year, getting the school to participate through communication with administration.



### THANK YOU!

Any questions?



# RECOGNIZED SAG MEMBERS

#### THANK YOU TO OUR SAG LIAISONS

DEREK CHANEY, Director of Activities, Athletics, and Student Leadership

JAMIE MONTOYA-DE SMIDT, Prevention Coordinator

**SUE DAKOVICH, Administrative Assistant** 



#### THANK YOU TO OUR BOARD OF EDUCATION

**DIRECTOR DAVID RAY, Board President** 

**DIRECTOR KEVIN LEUNG, Board Treasurer** 



#### PRESENTING 2021-2022 SAG LEADERSHIP TEAM



Sujay Potlapelly



Nick Menzel



Josh Lederman



Lucas Gauthier